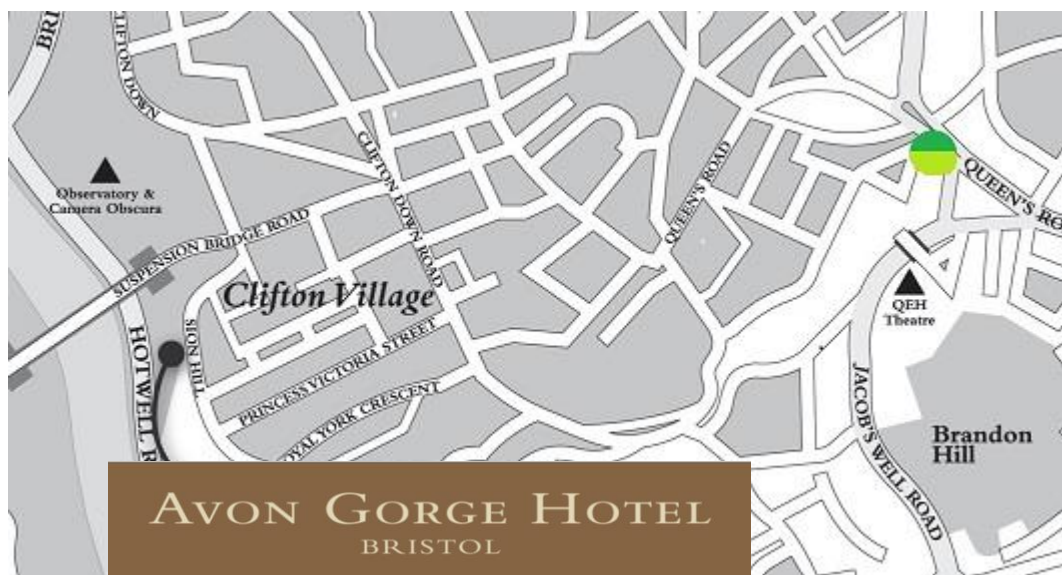


Here at Nuffield Health Fitness & Wellbeing Centre in Bristol we have a wide range of facilities available. We have teamed up with The Avon Gorge Hotel so you can use the gym during your stay.

Our facilities include:

- A fully equipped gym including cardio equipment, resistance machines, Power Plate and free-weights area.
- A heated swimming pool, steam room and sauna.
- 65 timetabled fitness classes per week including RPM, Body Jam, Yoga and Pilates.
- Complimentary towels, shampoo and shower gel.
- Additional facilities include; Personal Training services, health assessment suites, physiotherapy, onsite doctors and physiologists.

Our opening hours are 6:30am – 10pm Monday – Friday and 8am – 8pm on weekends. Please note last entry is 45 minutes before we close.



 Nuffield Health

